

Acceptance

**accepting people, things,
and experiences as they are**

**STEP
TOGETHER**



Adventure

**seeking new and exciting
experiences**

**STEP
TOGETHER**



Ambition

**motivation to work toward
goals**

**STEP
TOGETHER**

Authenticity

being your unique self

**STEP
TOGETHER**



Beliefs

having strong ideas

**STEP
TOGETHER**

Belonging

**being part of a group,
community or movement**

**STEP
TOGETHER**



Connection

**feeling connected,
understood and accepted
by others**

**STEP
TOGETHER**



Confidence

**believing in your ideas,
abilities and worth**

**STEP
TOGETHER**



Courage

**standing up for what
is right, showing bravery**

**STEP
TOGETHER**

Creativity

**using imagination to solve
problems, express yourself,
or invent new ideas**

**STEP
TOGETHER**

Cultural sensitivity

**being aware of and
respectful toward
different cultures**

**STEP
TOGETHER**



Curiosity

**wanting to learn more
about yourself, others,
and the world**

**STEP
TOGETHER**



Diversity

**valuing people of different
cultures, religions, viewpoints**

**STEP
TOGETHER**



Empathy

**understanding the
feelings of others**

**STEP
TOGETHER**

**Environmental
awareness**

**caring for the planet
and nature**

**STEP
TOGETHER**



Excitement

having thrilling experiences

**STEP
TOGETHER**



Fairness

equality for all

**STEP
TOGETHER**

A white speech bubble with a black outline and a tail pointing towards the bottom right, containing the word "Faith".

Faith

**connection to spirituality
or religion**

**STEP
TOGETHER**



Family

**having close relationship
with family**

**STEP
TOGETHER**

A white speech bubble with a pointed bottom-right corner, containing the word "Fitness".

Fitness

**physical strength,
stamina and abilities**

**STEP
TOGETHER**

Fitting in

**being similar to and
accepted by others**

**STEP
TOGETHER**

A white speech bubble with a pointed bottom-right corner, containing the word "Flexibility".

Flexibility

**ability to adapt thinking
and behaviour**

**STEP
TOGETHER**

Forgiveness

**letting go of anger
toward others or yourself**

**STEP
TOGETHER**



Friendship

**having close and supportive
friendships**

**STEP
TOGETHER**



Fun

having a good time

**STEP
TOGETHER**

Gender identity

**connection to gender
(male, female, or diverse)**

**STEP
TOGETHER**

Generosity

giving to others

**STEP
TOGETHER**

Gratitude

**appreciation for what
you already have**

**STEP
TOGETHER**

A white speech bubble with a rounded top and a pointed bottom, containing the word "Growth".

Growth

learning from experiences

**STEP
TOGETHER**



Happiness

**feelings of joy and
completeness**

**STEP
TOGETHER**

A white speech bubble with a pointed bottom-right corner, containing the word "Health".

Health

**physical health and
wellbeing**

**STEP
TOGETHER**



Humour

**appreciating the lighter
side of life and laughter**

**STEP
TOGETHER**

Independence

**being able to take care
of yourself and do your
own thing**

**STEP
TOGETHER**



Justice

**standing up for what
you believe is fair and right**

**STEP
TOGETHER**



Kindness

**giving and showing
compassion to others**

**STEP
TOGETHER**



Learning

**continuing to accumulate
knowledge, skills and
abilities**

**STEP
TOGETHER**

A white speech bubble with a rounded top and a pointed bottom, containing the word "Loyalty".

Loyalty

**staying true to people,
commitments or causes**

**STEP
TOGETHER**



Love

**feeling and showing
deep care for family,
friends, partners**

**STEP
TOGETHER**

Mindfulness

**being in the present
moment**

**STEP
TOGETHER**

Open-mindedness

**hearing different
perspectives without
judgement**

**STEP
TOGETHER**



Peace

**resolving conflict,
seeking harmony**

**STEP
TOGETHER**

Perseverance

**continuing to work
toward a goal even
when it is difficult**

**STEP
TOGETHER**

Political activism

**being involved in
political change**

**STEP
TOGETHER**

Power

**strength and ability
to act and influence
how others act**

**STEP
TOGETHER**

Rebellion

**standing up against
authority and the
status quo**

**STEP
TOGETHER**



Reputation

the way others see me

**STEP
TOGETHER**



Respect

**treating others and yourself
with kindness, fairness
and dignity**

**STEP
TOGETHER**

Responsibility

**taking ownership of
your actions and their
consequences**

**STEP
TOGETHER**

Sexuality

**sexual relationship
with self and others**

**STEP
TOGETHER**

Strength

**physical or mental
abilities to withstand
stressors**

**STEP
TOGETHER**

Superiority

**qualities, skills or
performance above the
level of others**

**STEP
TOGETHER**

Tolerance

**being tolerant and
accepting of those
different to you even
if you don't completely
agree with them**

**STEP
TOGETHER**



Vulnerability

showing your true self

**STEP
TOGETHER**



Wealth

**accumulating financial
assets**

**STEP
TOGETHER**